



Clinic Emergency Box — Contents and Monthly Check

What every clinic and dental practice must be able to reach in sixty seconds, and the log that proves it was there

Emergency	Drug / equipment	Quantity	Expiry	Present ☐
Anaphylaxis	Adrenaline 1 mg/ml (1:1000) ampoules or auto-injector	3		☐
Anaphylaxis / allergy	Chlorphenamine or cetirizine; hydrocortisone 100 mg	2 · 2		☐
Hypoglycaemia	Oral glucose gel; glucagon 1 mg	2 · 1		☐
Asthma	Salbutamol inhaler + spacer	1		☐
Angina	Glyceryl trinitrate spray; aspirin 300 mg	1 · 4		☐
Seizure	Midazolam buccal 10 mg (or diazepam rectal)	2		☐
Cardiac arrest	AED with pads in date; pocket mask; bag-valve mask (adult and child)	1 each		☐
Airway	Oropharyngeal airways (sizes 2, 3, 4); suction	1 set		☐
Oxygen	Cylinder ≥ 50 % full, key, non-rebreather mask, tubing	1		☐
Monitoring	Pulse oximeter; BP cuff; glucometer with strips in date	1 each		☐
Access	Syringes, needles, IV cannula ×2, saline 500 ml, gloves	1 set		☐
Information	Emergency numbers; this list; dose card by weight for children	—		☐
Month	Checked by	All present, in date, seal intact	Items replaced	Oxygen level
		☐		
		☐		
		☐		
		☐		

Drill twice a year: anaphylaxis in the chair, collapse in the waiting room. Time from event to adrenaline / AED. Record the drill date and the time achieved here: _____. Every staff member — including reception — trained in basic life support annually.

ASF standards: Ambulatory Standard 3 — emergency readiness (means of verification: box, log, drill record); Universal Floor