



TOOLKIT 3 · FALLS PREVENTION · TOOL 2 OF 5

Falls Environment Checklist — Ward, Bathroom, Corridor

Walk the ward with this sheet once a month. Most falls happen in the bathroom and on the way to it

Ward	
Date · walked by	

FLOORS AND LIGHTING

	Check	Fixed by / date
☐	Floors dry, no spills, no loose mats, no cables across walkways	
☐	Wet-floor signs used and removed when dry	
☐	Corridors lit at night; light switches reachable from the bed	
☐	Night lights in bathrooms and corridors	

BEDS AND BEDSIDE

	Check	Fixed by / date
☐	Beds at lowest height, brakes on, rails as assessed (not routinely raised)	
☐	Call bell, water, glasses, phone within reach	
☐	Non-slip footwear available and worn	
☐	Bedside chair with arms, stable	

BATHROOMS

	Check	Fixed by / date
☐	Grab rails beside toilet and in shower	
☐	Raised toilet seat available	
☐	Non-slip mat or floor; shower chair	
☐	Call bell reachable from toilet and shower	
☐	Door opens outward or can be opened from outside	

EQUIPMENT AND MEDICINES

	Check	Fixed by / date
☐	Walking aids in good repair, right height, within reach	
☐	Wheelchair and commode brakes work	
☐	Sedatives, opioids, antihypertensives, diuretics reviewed for high-risk patients	

ASF standards: Universal Floor — falls prevention; Standard 3 — environment (means of verification: monthly checklist on file)