



TOOLKIT 2 · HAND HYGIENE · TOOL 1 OF 5

Hand Hygiene Observation Form

Direct observation of the Five Moments — the WHO gold-standard method, one 20-minute session per sheet

Facility · ward	
Date · start time · end time (20 min)	
Observer	

Opp.	Profession	Moment 1 before patient	2 before aseptic	3 after body fluid	4 after patient	5 after surroundings	Hand rub	Hand wash	Missed	Gloves
1		☐	☐	☐	☐	☐	☐	☐	☐	☐
2		☐	☐	☐	☐	☐	☐	☐	☐	☐
3		☐	☐	☐	☐	☐	☐	☐	☐	☐
4		☐	☐	☐	☐	☐	☐	☐	☐	☐
5		☐	☐	☐	☐	☐	☐	☐	☐	☐
6		☐	☐	☐	☐	☐	☐	☐	☐	☐
7		☐	☐	☐	☐	☐	☐	☐	☐	☐
8		☐	☐	☐	☐	☐	☐	☐	☐	☐
9		☐	☐	☐	☐	☐	☐	☐	☐	☐
10		☐	☐	☐	☐	☐	☐	☐	☐	☐
11		☐	☐	☐	☐	☐	☐	☐	☐	☐
12		☐	☐	☐	☐	☐	☐	☐	☐	☐
13		☐	☐	☐	☐	☐	☐	☐	☐	☐

Opp.	Profession	Moment 1 before patient	2 before aseptic	3 after body fluid	4 after patient	5 after surroundings	Hand rub	Hand wash	Missed	Gloves
14		☐	☐	☐	☐	☐	☐	☐	☐	☐
15		☐	☐	☐	☐	☐	☐	☐	☐	☐
16		☐	☐	☐	☐	☐	☐	☐	☐	☐
Opportunities observed: ____				Actions (rub + wash): ____			Compliance = actions ÷ opportunities × 100 = ____ %			

How to observe. Stand where you can see hands, not faces. One opportunity = one Moment. If two Moments coincide (after one patient, before the next), record one opportunity. Do not intervene during the session; feed back afterwards to the ward, never to the individual by name in public. Observers must be trained and calibrated against each other before the first audit.

ASF standards: Universal Floor — hand hygiene (means of verification: direct observation compliance rate)