



TOOLKIT 18 · HOME CARE · TOOL 4 OF 4

Caregiver Training Record and "When to Call" Card for Families

What the family carer has been taught and can do, signed off — and the fridge card that says whom to call, for what, and when

Caregiver training record

Patient · carer (name, relationship, phone) · nurse	
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Skill	Taught (date)	Demonstrated back ☐	Confident ☐	Review
Moving and transfers — safe technique; using the hoist / slide sheet		☐	☐	
Personal care — washing, skin check, mouth care, continence		☐	☐	
Pressure-injury prevention — repositioning, heels, the first sign (Toolkit 12)		☐	☐	
Medicines — the list, the dosette, what to do if a dose is missed (Tool 3)		☐	☐	
Wound or stoma care — as delegated		☐	☐	
Equipment — oxygen, feeding pump, catheter, as relevant		☐	☐	
Recognising deterioration — the "When to call" card		☐	☐	
Looking after yourself — respite, support, the carer's own health		☐	☐	

"When to call" — fridge card

Normal for this patient — no call needed	Call the home-care service _____ (hours: _____)	Call emergency _____ now
Fill in with the nurse: e.g. usual breathing, usual confusion in the evening, usual pain level, usual sleep.	New or worse pain · not eating or drinking for a day · new confusion · fever · fall without injury · wound looks red or smells · medicine problem · carer cannot cope	Chest pain · severe breathlessness · blue lips · cannot be woken · stroke signs (face, arm, speech) · heavy bleeding · fall with injury or cannot get up · fitting · severe allergic reaction

ASF standards: Home Care Standard 5 — caregiver training (means of verification: signed record); Standard 6 — continuity and escalation