



PPE — Putting On and Taking Off, in the Right Order

Donning: gown, mask, eye protection, gloves. Doffing: gloves, gown, hand hygiene, eye protection, mask, hand hygiene. Most infections are caught taking it off

PUTTING ON (donning)

- 1 Hand hygiene**
- 2 Gown** — tie at neck and waist
- 3 Mask or respirator** — mould the nose piece; check the seal by breathing in
- 4 Eye protection** — goggles or face shield
- 5 Gloves** — over the gown cuffs

TAKING OFF (doffing) — outside the room or at the door

- 1 Gloves** — peel off without touching the outside; discard
- 2 Gown** — untie, roll away from you, touching only the inside; discard
- 3 Hand hygiene**
- 4 Eye protection** — by the strap, from behind; discard or clean
- 5 Mask** — by the straps, from behind; do not touch the front; discard
- 6 Hand hygiene** — again

The errors that infect staff. Touching the front of the mask. Removing the gown with gloves already off. Reusing a single-use mask. Skipping the hand hygiene between gown and eye protection. Doffing inside the room. A second person watching the doffing — a "buddy" — halves the errors.

ASF standards: Standard 3 — PPE use (means of verification: card displayed, observation audit)