



TOOLKIT 22 · SEDATION, ANAESTHESIA & AIRWAY · TOOL 1 OF 4

Pre-Sedation and Pre-Anaesthesia Assessment

ASA class, airway, fasting, medicines, allergies, previous anaesthesia — the one page completed before any sedation or anaesthetic, anywhere in the facility

Patient · DOB · no. · weight · procedure · date ·
assessed by

ASA class	Description	☐
I	Healthy	☐
II	Mild systemic disease (controlled hypertension, well-controlled diabetes, smoker, BMI 30–40)	☐
III	Severe systemic disease (poorly controlled diabetes or hypertension, COPD, BMI > 40, stable angina, ESRD on dialysis)	☐
IV	Severe disease that is a constant threat to life (recent MI, sepsis, decompensated heart failure)	☐
V	Moribund; not expected to survive without the operation	☐

Airway	Finding
Mallampati class (I–IV) · mouth opening (fingers) · neck extension · thyromental distance	
Loose teeth, dentures, crowns · beard · previous difficult airway · snoring / sleep apnoea	
Predicted difficult airway? ☐ Yes → anaesthetist present; difficult-airway trolley at the bedside (Tool 3)	

History	Answer
Fasting: solids ≥ 6 h ☐ · clear fluids ≥ 2 h ☐ (breast milk 4 h; formula 6 h) — time of last intake:	
Heart disease, hypertension, exercise tolerance (stairs?); lung disease, asthma, smoking; diabetes; kidney/liver disease; reflux; pregnancy	
Medicines (anticoagulants, insulin, antihypertensives, opioids, sedatives) — held or taken today	
Allergies (drugs, latex, tape) · previous anaesthetic or sedation problems (self or family: malignant hyperthermia, prolonged paralysis)	

Plan: level — minimal / moderate / deep sedation / general anaesthesia · administered by: _____ · monitoring: SpO₂ ☐ BP ☐ ECG ☐ capnography ☐ · rescue equipment checked ☐ · consent for sedation discussed and signed ☐ · escort home arranged ☐

Rule: ASA III or above, predicted difficult airway, or deep sedation → anaesthetist. Whoever sedates does not also perform the procedure unless a second trained person monitors the patient continuously.

ASF standards: Hospital Standard 4 — sedation and anaesthesia safety (means of verification: assessment in every record)