

Organisation name Site or unit		FORM Restraint and seclusion record	
Document ID	CLN-FRM-004	Version	1.0
Status	Blank form, to adapt	Issue date	
Review date		Replaces	
Owner		Approved by	
Signature			

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Form · CLN-FRM-004 · Version 1.0 · Approved by the ASF Expert Committee

Supports: [1.4](#)

1. Purpose

Records each use of restraint or seclusion: the reason, the less restrictive options, the order, the monitoring and the release.

2. How to complete

- Complete at the start of each use.
- Record each monitoring check.
- Record the release time.

3. Record fields

Patient ID	Type (physical, chemical, seclusion)	Reason	Less restrictive options tried	Order and time limit	Monitoring checks	Release time

4. Evidence

Reference	Note
E-009	ASF Expert Committee consensus.
E-006	ASF Policy Framework v1.2. Adapted.
E-009	ASF Expert Committee consensus.

5. Change history

Version	Date	What changed	Approval
1.0	the date of approval	First version	set Expert Committee approval

Planned course: Hospital falls prevention, based on the falls guideline. New course planned.

6. References

- Accréditation Sans Frontières (2026). ASF Policy Framework v1.2. (E-006)
- Accréditation Sans Frontières (2026). ASF Expert Committee consensus on Standard 1. (E-009)

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