Organisation name Site or unit		FORM Medical clearance record	
Document ID	FW-FRM-002	**Version**	1.0
Status	Blank form, to adapt	**Issue date**	
Review date		**Replaces**	
Owner		**Approved by**	
Signature			

Form · FW-FRM-002 · Version 1.0 · Approved by the ASF Expert Committee

Supports: 30.2

1. Purpose

Records the medical clearance for a member returning after injury, surgery or a medical event, and its restrictions.

2. How to complete

- Obtain the clearance from the treating clinician.
- Record the restrictions the clearance sets.
- Build the restrictions into the programme.

3. Checks

Check	Entry
Injury, surgery or medical event (date)	Yes
Clearance given by (clinician, date)	Yes
Restrictions stated	Yes
Restrictions built into programme (yes or no)	Yes

4. Evidence

Reference	Note
E-009	Based on the WHO guidance on digital health and data protection, the American College of Sports Medicine Guidelines for Exercise Testing and Prescription (11th ed., 2021), and the American Heart Association guidelines for cardiopulmonary resuscitation and emergency cardiovascular care (2020).
E-006	ASF Policy Framework v1.2. Adapted.
E-009	ASF Expert Committee consensus.

5. Change history

Version	Date	What changed	Approval
1.0	the date of approval	First version	set Expert Committee approval

6. References

- Accréditation Sans Frontières (2026). ASF Policy Framework v1.2. (E-006)
- Accréditation Sans Frontières (2026). ASF Expert Committee consensus on Standard 1. (E-009)

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