Organisation name Site or unit		FORM Functional assessment and programme record	
Document ID	FW-FRM-003	**Version**	1.0
Status	Blank form, to adapt	**Issue date**	
Review date		**Replaces**	
Owner		**Approved by**	
Signature			

Form · FW-FRM-003 · Version 1.0 · Approved by the ASF Expert Committee

Supports: 30.4

1. Purpose

Records the functional assessment for the member's injury or condition, and the programme progression matched to readiness.

2. How to complete

- Carry out and record the functional assessment for the injury.
- Set the programme and its progression stages.
- Record each progression decision and its readiness basis.

3. Checks

Check	Entry
Functional assessment (date, method)	Yes
Programme and stages	Yes
Progression decision and readiness basis	Yes
Instructor and date	Yes

4. Evidence

Reference	Note
E-009	Based on the WHO guidance on digital health and data protection, the American College of Sports Medicine Guidelines for Exercise Testing and Prescription (11th ed., 2021), and the American Heart Association guidelines for cardiopulmonary resuscitation and emergency cardiovascular care (2020).
E-006	ASF Policy Framework v1.2. Adapted.
E-009	ASF Expert Committee consensus.

5. Change history

Version	Date	What changed	Approval
1.0	the date of approval	First version	set Expert Committee approval

6. References

- Accréditation Sans Frontières (2026). ASF Policy Framework v1.2. (E-006)
- Accréditation Sans Frontières (2026). ASF Expert Committee consensus on Standard 1. (E-009)

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