Organisation name Site or unit		FORM Pre-participation screening form	
Document ID	FW-FRM-005	**Version**	1.0
Status	Blank form, to adapt	**Issue date**	
Review date		**Replaces**	
Owner		**Approved by**	
Signature			

Standards › **Standard 30** › **Forms**

Form · FW-FRM-005 · Version 1.0 · Approved by the ASF Expert Committee

Supports: 30.7

1. Purpose

Records the health screen completed by each member before first exercise, the risks found and the action taken.

2. How to complete

- Ask the health questions with the member.
- Record any risk found.
- Record the action taken before exercise.

3. Checks

Check	Entry
Health history and known conditions	Yes
Risk found (yes or no)	Yes
Action before exercise (clearance, modified plan, referral)	Yes
Screened by and date	Yes

4. Evidence

Reference	Note
E-009	Based on the WHO guidance on digital health and data protection, the American College of Sports Medicine Guidelines for Exercise Testing and Prescription (11th ed., 2021), and the American Heart Association guidelines for cardiopulmonary resuscitation and emergency cardiovascular care (2020).
E-006	ASF Policy Framework v1.2. Adapted.
E-009	ASF Expert Committee consensus.

5. Change history

Version	Date	What changed	Approval
1.0	the date of approval	First version	set Expert Committee approval

6. References

- Accréditation Sans Frontières (2026). ASF Policy Framework v1.2. (E-006)
- Accréditation Sans Frontières (2026). ASF Expert Committee consensus on Standard 1. (E-009)

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