Organisation name Site or unit		FORM Individual nutrition plan record	
Document ID	NUT-FRM-001	**Version**	1.0
Status	Blank form, to adapt	**Issue date**	
Review date		**Replaces**	
Owner		**Approved by**	
Signature			

Form · NUT-FRM-001 · Version 1.0 · Approved by the ASF Expert Committee

Supports: 40.2

1. Purpose

Records the nutrition assessment and the individual plan for each patient, including diagnosis, allergies, intolerances and cultural or religious needs.

2. How to complete

- Record the assessment and its date before the plan.
- Record the diagnosis, allergies, intolerances and cultural or religious needs.
- Record each review of the plan.

3. Checks

Check	Entry
Assessment date and findings	Yes
Diagnosis, allergies and intolerances	Yes
Cultural or religious needs	Yes
Plan and review dates	Yes

4. Evidence

Reference	Note
E-009	Based on the ESPEN guideline on clinical nutrition and hydration (2019), the WHO Five Keys to Safer Food (2006), and the ASF Hospital and Long-Term Care standards for nutrition care.
E-006	ASF Policy Framework v1.2. Adapted.
E-009	ASF Expert Committee consensus.

5. Change history

Version	Date	What changed	Approval
1.0	the date of approval	First version	set Expert Committee approval

No e-learning course is linked to this document yet.

Planned course: No e-learning course is linked to this criterion yet. A course is planned to cover it.

6. References

- Accréditation Sans Frontières (2026). ASF Policy Framework v1.2. (E-006)

- Accréditation Sans Frontières (2026). ASF Expert Committee consensus on Standard 1. (E-009)

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