Organisation name Site or unit		FORM Home advice record	
Document ID	PHY-FRM-004	**Version**	1.0
Status	Blank form, to adapt	**Issue date**	
Review date		**Replaces**	
Owner		**Approved by**	
Signature			

Form · PHY-FRM-004 · Version 1.0 · Approved by the ASF Expert Committee

Supports: 18.6

1. Purpose

Records the written advice and home exercises given to each patient, and that the advice was explained and understood.

2. How to complete

- Give the written advice and exercises for the patient's own condition.
- Explain them to the patient.
- Check understanding by teach-back and record it.

3. Checks

Check	Entry
Patient (ID) and date	Yes
Written advice and exercises given (yes or no)	Yes
Advice explained to patient (yes or no)	Yes
Teach-back checked (yes or no)	Yes
Physiotherapist	Yes

4. Evidence

Reference	Note
E-009	Based on the WCPT Descriptor of physical therapy (2019) and the WHO Rehabilitation in health systems guide (2019).
E-006	ASF Policy Framework v1.2. Adapted.
E-009	ASF Expert Committee consensus.

5. Change history

Version	Date	What changed	Approval
1.0	the date of approval	First version	set Expert Committee approval

6. References

- Accréditation Sans Frontières (2026). ASF Policy Framework v1.2. (E-006)
- Accréditation Sans Frontières (2026). ASF Expert Committee consensus on Standard 1. (E-009)

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