Organisation name Site or unit		REGISTER Injury and training load review register	
Document ID	SPM-REG-003	**Version**	1.0
Status	Blank form, to adapt	**Issue date**	
Review date		**Replaces**	
Owner		**Approved by**	
Signature			

Standards › Standard 20 › Registers and logs

Register · SPM-REG-003 · Version 1.0 · Approved by the ASF Expert Committee

Supports: 20.7

1. Purpose

Records the injury patterns and training load reviewed each season, and the change made to prevent further injury.

2. How to complete

- Review the injuries and training load for each squad.
- Record the pattern found.
- Record the change made and check its effect.

3. Checks

Check	Entry
Squad and season	Yes
Injury pattern found	Yes
Training load linked to injury (yes or no)	Yes
Change made to prevent injury	Yes
Check of the effect (date, result)	Yes

4. Evidence

Reference	Note
E-009	Based on the BJSM consensus on return to sport (2016) and the McCrory consensus statement on concussion in sport (2023).
E-006	ASF Policy Framework v1.2. Adapted.
E-009	ASF Expert Committee consensus.

5. Change history

Version	Date	What changed	Approval
1.0	the date of approval	First version	set Expert Committee approval

6. References

- Accréditation Sans Frontières (2026). ASF Policy Framework v1.2. (E-006)
- Accréditation Sans Frontières (2026). ASF Expert Committee consensus on Standard 1. (E-009)

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